

Health Guidelines for Keeping Children Home

Please understand it is important that your child stay at home when they are ill. Notify the school within 24 hours if your child has been exposed to a contagious disease. A sign will be posted the same day we receive the information to notify parents of any communicable disease among the children.

Please keep your child home if they have experienced any of the following symptoms within the last 24 hours:

- Temperature over 100 degrees
- Discharge or drainage from eyes
- Severe coughing
- Diarrhea
- Vomiting or upset stomach

If your child has pink-eye or strep-throat, they must be on medication for 24 hours before they are no longer contagious and can return to preschool. The 24 waiting period is to insure they are no longer contagious. They must “feel better” to return to preschool. It’s no fun to be at school when you don’t feel well.

Specific disease exclusion guidelines

These guidelines should be used in determining if your child should attend preschool.

Acquired immune deficiency syndrome

Exclude infected child if they exhibit biting behavior, are not normal in control of their body fluids, or have open skin sores which can’t be covered. The child must be able to participate in normal daily activities.

Chicken Pox

Exclude until all blisters have dried in scabs; (about six days after rash onset).

Conjunctivitis (Pink eye)

Bacterial: Exclude until 24 hours after treatment begins.

Viral: Exclude until a letter from a physician is provided to verify that the child does have bacterial conjunctivitis. In both situations, the child should be well enough to participate in normal daily activities.

Cytomegalovirus (CMV)

No exclusion necessary. Good hand washing is extremely important.

Diarrhea (infectious)

Exclude until stool returns to normal form.

Fifth Disease

No exclusion necessary. The child must feel well enough to participate in normal activities.

Giardiasis

Exclude children with diarrhea only. Exclude until the child has started treatment and diarrhea is no longer present.

Hand, Foot, and Mouth

Exclude until the fever is gone and the child must feel well enough to participate in normal activities. Sores may still be present.

Hepatitis B

No exclusion necessary, unless the infected child exhibits biting behavior or has open sores that can’t be covered.

Impetigo

Exclude until sores are healed or can be covered with bandages, or until the child has been treated with antibiotics for at least a full 24 hours.

Lice (head)

Exclude until the first treatment is completed and no live lice are seen.

Measles

Exclude a minimum of five days after the rash appears.

Meningitis

Exclude until a physician permits the child to return.

Mumps

Exclude until swelling subsides, usually five days but may be as long as nine days after swelling begins and can return to normal daily activities.

Oral Herpes (Cold sores)

No exclusion necessary.

Pertussis (Whooping Cough)

Exclude until five to seven days after antibiotic treatment begins.

Pinworm

Exclude until after treatment has been started.

Respiratory Illness

Exclude until child is without fever for 24 hours and is well enough to participate in normal daily activities.

Ringworm

Scalp: Exclude until 24 hours after begins.

Body: Exclude until after treatment begins.

Roseola

Exclude until fever free and can return to normal daily activities.

Rubella (German Measles)

Exclude until the rash disappears.

Scabies

Exclude until 24 hours after treatment begins.

Streptococcal Sore

Exclude until at least 24 hours after treatment begins and child is without fever for 24 hours.

Yeast Infection (Thrush Throat / Scarlet Fever)

No exclusion necessary.

Medications

Sonshine Christian Preschool staff are allowed to give medication to the children. Parents must fill out a medical permission form and all medicines must be in the original containers and be given to a staff person upon arrival. We will not give fever reducing medicine. It is our belief that children who are ill should be at home. **At the time of registration, parents must give permission for use of Syrup of Ipecac to induce vomiting. Syrup of Ipecac will be used only under direction of the Poison Control Center.

Illness

If a child becomes ill during a preschool session, the parent will be contacted by phone. The child will be distanced from the group and supervised until the parent or emergency contact person picks up the child.

Please notify the teachers of your child's allergies and complete the allergy form.

Parents will be notified of any communicable disease among the children. A note will be sent home on the day that school is notified of the disease.