Families Moving Forward
Volunteer Opportunities

Thank you for your interest in volunteering to serve our Families Moving Forward guests at Hope House. Our next hosting weeks are October 22 – November 5. Please read the following carefully to help you decide how you would like to serve.

Hosting opportunities include evening host: 5 pm - 9 pm, **overnight host**: 8:30 pm – 5 am, **breakfast host:** 5 am-7 am or **Saturday host** (various shifts). Contact Julie Huddock with questions. 952-994-5382 or email juliehuddock@yahoo.com

If you would like to donate, prepare and help serve part of an evening or Saturday meal, contact Ruth Dols at 952-758-2050. We recommend working together with another volunteer.

Donate needed items: To donate food or household items needed for a hosting week, go to SignUpGenius.com and Find a Sign Up. Enter this email address: hopehousefmf@gmail.com to find a list of needed items which can be dropped off at Hope House at designated times. Call Beth VanderHeiden at 952-378-7905 for help.

Clean-up: Help with cleaning and laundry after the host week. Times can be flexible. Contact Mary Eagen if you would like to help. 758-3810